

# Chronic Pain Management Group

**Starts:**

Wednesday February 17, 2021

**Time:**

2:00-4:00PM

**Location:**

Online Zoom Platform  
Must Have Email to Register  
Virtual

- PSYCHOEDUCATION
- NUTRITION
- PAIN ASSESSMENTS
- PSYCHOTHERAPY STRATEGIES
- PROGRESSIVE MUSCLE RELAXATION
- MEDITATION
- CLIENT TESTIMONIALS

**Dates are as followed:**

- Wednesday February 17, 2021
- Wednesday February 24, 2021
- Wednesday March 3, 2021
- Wednesday March 10, 2021
- Wednesday March 17, 2021
- Wednesday March 24, 2021
- Wednesday March 31, 2020
- Wednesday April 7, 2021

**RSVP**

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